

Westchester Krav Maga

www.WestchesterKravMaga.com

True ChampionZ Martial Arts

(914) 813-8000

www.TrueChampionZ.com

21 Quaker Ridge Road, New Rochelle, NY 10804

August 31 – September 30, 2020 ONLINE & OUTDOOR CLASS SCHEDULE

For Online Classes please login 5 minutes before your class time. For Outdoor Classes please Arrive 20 minutes before your class time.

For New Students: Please Contact Us through our Website or by Phone for Links to Classes.

MONDAY Online	TUESDAY Online	WEDNES DAY	THURSDAY Online	FRI DAY	SATURDAY Outdoors	SUNDAY Outdoors
					9:00am - 9:45am <u>KRAV MAGA</u> ALL AGES ORANGE BELTS & UP	9:00am - 9:45am <u>KRAV MAGA</u> ALL AGES ORANGE BELTS & UP
5:30-6:15pm <u>KRAV MAGA</u> KIDS (6-12 yrs) BASIC <i>No Belts & White Belts</i>	5:30-6:15pm <u>KRAV MAGA</u> KIDS (6-12 yrs) YELLOW BELTS & UP		5:30-6:15pm <u>KRAV MAGA</u> KIDS (6-12 yrs) ALL LEVELS <i>No Belts & All Belts</i>		10:00am - 10:45am <u>KRAV MAGA</u> ALL AGES BASIC <i>No Belts, White Belts, & Yellow Belts with White Stripe, Yellow Belts with Orange Stripe & Yellow Belts</i>	10:00am - 10:45am <u>KRAV MAGA</u> ALL AGES BASIC <i>No Belts, White Belts, & Yellow Belts with White Stripe, Yellow Belts with Orange Stripe & Yellow Belts</i>
7:30-8:30pm <u>KRAV MAGA</u> ALL AGES & ALL LEVELS (6-80 yrs) <i>No Belts & All Belts</i>	7:30-8:30pm <u>KRAV MAGA</u> TEEN/ADULT BASIC through Yellow <i>No Belts, White Belts & Yellow Belts</i>		7:30-8:30pm <u>KRAV MAGA</u> TEEN/ADULT ORANGE BELTS & UP			

Krav Maga Israeli Self Defense Martial Arts Training as per the Supervision of the KRAV MAGA FEDERATION.